Crystal Meth Anonymous®

SAMPLE INCLUSIVITY STATEMENTS FOR CRYSTAL METH ANONYMOUS MEETINGS

(as of 5/18/2022)

The Diversity, Equity, and Inclusion (DEI) committee has collected these inclusivity statements from throughout the fellowship of Crystal Meth Anonymous. These statements are being used in meetings all over the world and are wonderfully diverse and yet focused on the same goal—to increase the feeling of inclusivity in CMA meetings. We'd like to offer this as a resource to your meeting in case you would like to add one of these to your meeting script. Feel free to use as is or adapt to the needs and group conscience of your meeting.

What is an Inclusivity Statement?

An inclusivity statement demonstrates a group's commitment to building an inclusive and welcoming meeting space for people of all identities, ethnicities, races, genders, and abilities. Much like the Twelve Steps and Twelve Traditions, an inclusivity statement creates a safe space from every addict to recovery, no matter who they are or where they come from.

How is it helpful/useful?

An inclusivity statement helps to remind a group/meeting of its primary purpose and of the group conscience. It is also useful in reminding everyone in the meeting to be mindful of how to share during the meeting, reminding all to refrain from language that may be offensive to anyone in the meeting. An inclusivity statement can also remind people of marginalized identities their presence is respected and that their needs have been considered by the trusted servants.

Sample Inclusivity Statements

- We are committed to providing an environment of safety, respect, and inclusion – representing and appreciating diversity at the broadest level. Our group doesn't just accept our differences; we celebrate and thrive as a result of them. We recognize the individual experience in each person's journey towards an authentic sober life and we embrace you just as you are. All are

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welcome here, and all of you are welcome here.

- Our Third Tradition says “the only requirement for CMA membership is a desire to stop using.” Because addiction does not discriminate, neither do we. All are welcome, regardless of color, ethnicity, gender identity or expression, sexual orientation, religion or lack of religion, national origin, disability, class or other difference **[characteristic] [any way in which you identify].—***NYCMA*

- We are members of every race, ethnicity, creed, sexual orientation, gender identity, gender expression, age, physical or intellectual ability. Because addiction does not discriminate, neither do we. All are welcome. - *New Tooles, NYC*

- We also ask that you respect the presence of transgender, genderqueer, and gender non-conforming CMA members, by respecting pronouns and avoiding the use of cisgendered, male-centered language. This means sticking to language such as "I love you all" and "I love seeing so many beautiful Black folks."

- Our Third Tradition says “the only requirement for CMA membership is a desire to stop using.” Because addiction does not discriminate, neither do we. All are welcome, regardless of color, creed, class, sexual orientation, gender identity, national origin, disability, or any other difference. —*Sunday Steps and Traditions, NYC*

- In this meeting, discrimination of any kind, but specifically that based on race, color, national origin, religion, sex, gender identity, gender expression, sexual orientation, disability, or age will not be tolerated.

- Because addiction does not discriminate, neither do we. All are welcome.

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- [This meeting] is a space for each of us to practice the Twelve Steps in a way that works for us. It is a space for those who struggle with theism or organized religion. - *Portland*

- Everyone is welcome in this meeting regardless of their belief or non-belief, age, gender, race, color, sexual identity ...or anything else. This is a space for anyone who has a problem with crystal meth [or any mind altering substance].

- [This meeting] is an inclusive and loving fellowship. This inclusion statement reinforces our 3rd tradition which exclaims that, “the only requirement for membership is the desire to stop using.” Anonymity reminds us that unity and connection are the heart of recovery. You are always welcome here, regardless of:
    - Age
    - Race
    - Ethnicity
    - National Origin
    - Languages Spoken
    - Sexual and/or Gender Identity
    - Religion/Spiritual Beliefs
    - Political Views
    - Employment / Housing / Socioeconomic Status
    - Mental and/or Physical Disabilities
    - Harassment, of any kind, will not be allowed. CMA is a safe place!

  No matter who you are, where you come from, what you look like, or what you believe in—you are loved, regardless!—DC CMA

- Everyone is welcome in this space, regardless of your race, gender identity,

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sexual orientation, ability, or age. We see you, hear you, respect you, and need your experience, strength, and hope. There are many voices and cultures in CMA. We need every one of them to survive and thrive. Thank you for being here. —North Carolina

- **MISSION STATEMENT from LA DEI Committee**: Our mission is to foster a culture within the Greater Los Angeles District, where Diversity, Equity & Inclusion are celebrated. The purpose is to serve as an advisory committee to the local CMA fellowship, creating a safe space for the recovering addict while encouraging mindfulness towards DEI-related issues, to facilitate discussion plus offer guidance on ways to welcome and embrace all who walk through our doors with respect, regardless of age, race, physical appearance, religion, sex, sexual orientation, gender identity, background, or disability. —Los Angeles