Crystal Meth Anonymous Fellowship Survey

LOCATION

1. What country is your permanent residence?

- ◯ United States *(continue to Q2)*
- ◯ Canada *(skip to Q3)*
- ◯ Other country *(skip to Q4, then continue to Q5)*

2. What state is your permanent residence? *(United States only)*

_____

→ After Q2, skip to Q5.

3. What province or territory is your permanent residence? *(Canada only)*

_____

→ After Q3, skip to Q5.

4. Which country is your permanent residence? *(Other country only)*

_____

DEMOGRAPHICS

5. What is your age?

- ◯ Under 18
- ◯ 18 - 24
- ◯ 25 - 34
- ◯ 35 - 44
- ◯ 45 - 54
- ◯ 55 - 65
- ◯ 65 - 75
- ◯ 75+
- ◯ Prefer not to disclose

6. How do you identify your gender?

cisgender means that your gender identity matches your sex assigned at birth

- ◯ Female, cisgender
- ◯ Male, cisgender
- ◯ Gender neutral
- ◯ Genderqueer
- ◯ Nonbinary
- ◯ Transwoman / Transfeminine
- ◯ Transman / Transmasculine
- ◯ Two-spirit
- ◯ Prefer not to disclose
- ◯ My gender identity is not listed: _____

7. How do you identify your ethnicity or race?

Select all that apply.

- ☐ Alaska Native
- ☐ American Indian or Native American
- ☐ Asian American
- ☐ Black / African American
- ☐ Caribbean
- ☐ Caucasian / White
- ☐ East Asian (Chinese, Japanese, South Korean, etc.)
- ☐ Hawaiian Native or Pacific Islander
- ☐ Hispanic or Latinx
- ☐ Mexican American
- ☐ Middle Eastern or Arab
- ☐ Multiracial
- ☐ South Asian (Indian, Pakistani, Bangladeshi, etc.)
- ☐ Southeast Asian (Indonesian, Filipino, Vietnamese, etc.)
- ☐ I don't know or am not sure
- ☐ I prefer not to disclose
- ☐ I prefer to self-identify: _____

8. What is your sexual orientation?

- ◯ Asexual
- ◯ Bisexual
- ◯ Gay
- ◯ Lesbian
- ◯ Pansexual
- ◯ Queer
- ◯ Straight / Heterosexual
- ◯ I prefer not to disclose
- ◯ My sexual orientation is not listed: _____

9. What is your relationship status?

- ◯ Single, never married
- ◯ Married or domestic partner
- ◯ Divorced
- ◯ Separated
- ◯ Widowed
- ◯ Partnered, in relationship, or engaged
- ◯ I prefer not to disclose
- ◯ My current status is not listed: _____

10. What is the highest level of education you've completed?

- ◯ No high school diploma or GED
- ◯ High school diploma or GED
- ◯ Attended some college but did not / have not graduated
- ◯ Vocational / trade school certificate
- ◯ Associate's Degree
- ◯ Bachelor's Degree
- ◯ Graduate Degree (Master's, Doctorate, etc.)
- ◯ I prefer not to disclose

11. What is your current employment status?

- ◯ Employed (including self-employed)
- ◯ Stay-at-home parent or homemaker
- ◯ Student
- ◯ Retired
- ◯ Unemployed, but looking for work
- ◯ Unemployed, not currently looking for work
- ◯ Unable to work due to disability
- ◯ I prefer not to disclose
- ◯ Other: _____

12. What drugs did you use regularly?

Select all that apply.

- ☐ Methamphetamine (e.g. meth, ice, speed)
- ☐ Cocaine
- ☐ Opioids (e.g. heroin, oxycodone, morphine)
- ☐ Fentanyl
- ☐ GHB
- ☐ Ecstasy
- ☐ Alcohol
- ☐ Ketamine
- ☐ Marijuana
- ☐ Hallucinogens (e.g. mushrooms/psilocybin, PCP, DMT, LSD)
- ☐ Benzodiazepines (e.g. Xanax, Valium)
- ☐ Poppers or other inhalants
- ☐ Other medications not taken as prescribed
- ☐ I prefer not to disclose
- ☐ Other: _____

EXPERIENCE IN RECOVERY

13. How long have you been continuously sober, currently?

- ◯ 0 - 29 days
- ◯ 30 - 59 days
- ◯ 60 - 89 days
- ◯ 90 days - 6 months
- ◯ 6 months - 1 year
- ◯ 1 - 2 years
- ◯ 2 - 5 years
- ◯ 5 - 10 years
- ◯ 10 - 15 years
- ◯ 15 - 20 years
- ◯ 20 - 25 years
- ◯ 25 - 30 years
- ◯ 30 - 35 years
- ◯ 35 - 40 years
- ◯ More than 40 years
- ◯ I prefer not to disclose

14. How long ago did you attend your first Twelve Step meeting for your own personal recovery?

- ◯ 0 - 29 days
- ◯ 30 - 59 days
- ◯ 60 - 89 days
- ◯ 90 days - 6 months
- ◯ 6 months - 1 year
- ◯ 1 - 2 years
- ◯ 2 - 5 years
- ◯ 5 - 10 years
- ◯ 10 - 15 years
- ◯ 15 - 20 years
- ◯ 20 - 25 years
- ◯ 25 - 30 years
- ◯ 30 - 35 years
- ◯ 35 - 40 years
- ◯ More than 40 years
- ◯ I prefer not to disclose

15. How long ago did you attend your first CMA meeting?

- ◯ 0 - 29 days
- ◯ 30 - 59 days
- ◯ 60 - 89 days
- ◯ 90 days - 6 months
- ◯ 6 months - 1 year
- ◯ 1 - 2 years
- ◯ 2 - 5 years
- ◯ 5 - 10 years
- ◯ 10 - 15 years
- ◯ 15 - 20 years
- ◯ 20 - 25 years
- ◯ 25 - 30 years
- ◯ 30 - 35 years
- ◯ I prefer not to disclose

16. How were you introduced to CMA?

Select all that apply.

- ☐ CMA website
- ☐ CMA literature
- ☐ CMA speaker recordings
- ☐ Other Twelve Step programs
- ☐ In-patient treatment program
- ☐ Intensive outpatient program (IOP)
- ☐ Family or Spouse
- ☐ Hospitals and Institutions outreach
- ☐ CMA Helpline
- ☐ Therapist referral
- ☐ Court referral
- ☐ Through a friend
- ☐ Other: _____

17. Did you feel welcomed at your first CMA meeting?

- ◯ Very welcomed
- ◯ Welcomed
- ◯ Not welcomed
- ◯ I don't recall

18. Is relapse a part of your story?

- ◯ Yes
- ◯ No
- ◯ I prefer not to disclose

19. How frequently do you attend 12-step or recovery-based meetings currently?

- ◯ Daily
- ◯ 2 - 3 times per week
- ◯ 4 - 5 times per week
- ◯ Once per week
- ◯ 2 - 3 times per month
- ◯ Occasionally
- ◯ I do not attend meetings
- ◯ I prefer not to disclose

20. Do you have a CMA homegroup?

- ◯ Yes, an in-person meeting
- ◯ Yes, an online meeting
- ◯ Yes, a hybrid meeting (meetings both online and in-person)
- ◯ Still looking for a CMA homegroup
- ◯ I have a homegroup, but it is not in CMA
- ◯ No
- ◯ I prefer not to disclose

21. Do you have a sponsor?

- ◯ Yes
- ◯ No
- ◯ No, but actively looking for one
- ◯ I prefer not to disclose

22. What is your experience working the Twelve Steps?

Select all that apply.

- ☐ I'm currently working the Steps with a sponsor
- ☐ I have completed the Steps and am sponsoring others
- ☐ I have completed the Steps in the past, and I am not currently sponsoring others
- ☐ I have started the Steps in the past, but I am not actively working the Steps now
- ☐ I have never worked the Steps, but I'm looking to start
- ☐ I have never worked the Steps and I don't plan to start
- ☐ I prefer not to disclose

23. What steps have you completed working on with a sponsor?

Select all that apply.

- ☐ One
- ☐ Two
- ☐ Three
- ☐ Four
- ☐ Five
- ☐ Six
- ☐ Seven
- ☐ Eight
- ☐ Nine
- ☐ Ten
- ☐ Eleven
- ☐ Twelve
- ☐ I prefer not to disclose

24. What levels of service have you been involved with in Crystal Meth Anonymous?

Select all that apply.

- ☐ One addict helping another
- ☐ Sponsoring other CMA fellows
- ☐ Group / meeting-level service commitment
- ☐ Volunteering at a CMA event, conference, retreat, or convention
- ☐ H&I commitment
- ☐ Intergroup or district-level service commitment (i.e. general service representative (GSR)
- ☐ Area-level service commitment (delegate, area committee member, etc)
- ☐ General Service-level service commitment (advisory committee member, trustee, etc)
- ☐ I prefer not to disclose

25. What other Twelve Step Fellowships do you attend once or more per month?

Select all that apply.

- ☐ Alcoholics Anonymous (AA)
- ☐ Narcotics Anonymous (NA)
- ☐ Cocaine Anonymous (CA)
- ☐ Al-Anon / Nar-Anon
- ☐ Sex and Love Addicts Anonymous (SLAA)
- ☐ Sex Addicts Anonymous (SAA)
- ☐ Sexaholics Anonymous (SA)
- ☐ Sexual Compulsives Anonymous (SCA)
- ☐ Gamblers Anonymous (GA)
- ☐ Overeaters Anonymous (OA)
- ☐ Co-Dependents Anonymous (CODA)
- ☐ Adult Children of Alcoholics (ACA)
- ☐ Nicotine Anonymous (NicA)
- ☐ Double Winners
- ☐ Not listed: _____
- ☐ None, I only attend CMA
- ☐ I prefer not to disclose

26. How negatively did your drug use impact each of these areas of your life?

Score each on a scale from 1 (little to no impact) to 5 (extreme impact).

	1	2	3	4	5
Employment / career	○	○	○	○	○
Housing / residence	○	○	○	○	○
Family relationships	○	○	○	○	○
Intimate relationships	○	○	○	○	○
Legal	○	○	○	○	○
Financial	○	○	○	○	○
Physical health and well-being	○	○	○	○	○
Mental health and well-being	○	○	○	○	○
Loss of children	○	○	○	○	○

27. How positively did your recovery from drug addiction impact these areas of your life?

Score each on a scale from 1 (little to no impact) to 5 (extreme impact).

	1	2	3	4	5
Employment / career	○	○	○	○	○
Housing / residence	○	○	○	○	○
Family relationships	○	○	○	○	○
Intimate relationships	○	○	○	○	○
Legal	○	○	○	○	○
Financial	○	○	○	○	○
Physical health and well-being	○	○	○	○	○
Mental health and well-being	○	○	○	○	○
Reunification with children	○	○	○	○	○

28. Are you currently sponsoring other addicts in CMA?

- ○ Yes *(skip to Section: CMA Resources, Q30)*
- ○ No *(continue to Q29)*
- ○ I prefer not to disclose *(skip to Section: CMA Resources, Q30)*

SPONSORING

*Complete this section only if you answered **No** to question 28.*

29. What are the main factors keeping you from sponsoring others? (some examples: not enough progress in the steps, not enough free time, feedback from my sponsor, fear, or others)

CMA RESOURCES

30. How often do you use the following resources?

Rate each on a scale from 1 (never use) to 5 (use very frequently).

	1	2	3	4	5
CMA newsletter	○	○	○	○	○
CMA website (crystalmeth.org)	○	○	○	○	○
CMA service website (cmaservice.org)	○	○	○	○	○
CMA National Helpline	○	○	○	○	○
Local CMA Helpline	○	○	○	○	○
CMA speaker recordings	○	○	○	○	○
CMA Mobile App	○	○	○	○	○
CMA-published literature	○	○	○	○	○
CMA pamphlets	○	○	○	○	○

31. What types of meetings do you attend one or more per month?

Select all that apply.

- ☐ Online meetings
- ☐ In-person meetings
- ☐ Hybrid meetings
- ☐ I prefer not to disclose

32. When traveling outside your home location, do you attend CMA meetings?

- ○ Yes
- ○ No
- ○ Sometimes
- ○ I do not travel or not applicable.
- ○ I prefer not to disclose

33. When looking to attend a new recovery meeting (in any fellowship), where do you look for meeting details?

Select all that apply.

- ☐ Fellowship websites
- ☐ Third-party websites
- ☐ Search engines
- ☐ Recovery app
- ☐ CMA App
- ☐ CMA Helpline
- ☐ Word of mouth / referral from friend
- ☐ Other: _____

34. When looking to attend a new recovery meeting, what types of meetings are important to you?

For each row, select one option.

	Not important	Important & available	Important & not available
12 Step & 12 Traditions	◯	◯	◯
Beginner's meeting	◯	◯	◯
Closed meetings	◯	◯	◯
LGBTQ	◯	◯	◯
Dual diagnosis	◯	◯	◯
HIV+AIDS	◯	◯	◯
Black, indigenous, and people of color (BIPOC)	◯	◯	◯
Literature	◯	◯	◯
Men's meeting	◯	◯	◯
Women's meeting	◯	◯	◯
Speaker	◯	◯	◯
Sex / sex positive themed	◯	◯	◯
Child friendly	◯	◯	◯
Wheelchair access	◯	◯	◯
Meditation meeting	◯	◯	◯
Communication Accessibility (Captions, assistive listening, interpreters)	◯	◯	◯
Other: _____	◯	◯	◯

HOSPITALS & INSTITUTIONS

35. Have you been incarcerated?

◯ Yes *(continue to Q36)*
◯ No *(skip to Section: Residential Treatment, Q40)*
◯ I prefer not to disclose *(skip to Section: Residential Treatment, Q40)*

INCARCERATION DETAILS

*Complete this section only if you answered **Yes** to question 35.*

36. Did you have access to any Twelve Step meetings while incarcerated?

◯ Yes
◯ No
◯ I don't recall

37. While you were incarcerated, were CMA meetings available for you to attend?

◯ Yes
◯ No
◯ I don't recall

38. While you were incarcerated, did you have access to CMA literature?

◯ Yes
◯ No
◯ I don't recall

39. Were you incarcerated before or after first coming to Twelve Step meetings?

◯ Before
◯ After
◯ Both
◯ I prefer not to disclose

RESIDENTIAL TREATMENT

40. Have you ever been to a residential treatment program or rehab?

◯ Yes *(continue to Q41)*
◯ No *(skip to Section: Outside Help, Q46)*
◯ I prefer not to disclose *(skip to Section: Outside Help, Q46)*

RESIDENTIAL TREATMENT DETAILS

*Complete this section only if you answered **Yes** to question 40.*

41. While in treatment were CMA meetings available for you to attend?

◯ Yes
◯ No
◯ I don't recall

42. While you were in treatment, did you have access to CMA literature?

◯ Yes
◯ No
◯ I don't recall

43. Did you go to treatment before or after first coming to Twelve Step meetings?

◯ Before
◯ After
◯ Both
◯ I prefer not to disclose

44. Are you currently in residential treatment?

◯ Yes *(continue to Q45)*
◯ No *(skip to Section: Outside Help, Q46)*
◯ I prefer not to disclose *(skip to Section: Outside Help, Q46)*

CURRENT TREATMENT LOCATION

*Complete this section only if you answered **Yes** to question 44.*

45. What state or province is your treatment facility located in?

_____

If outside North America, write "Outside North America"

OUTSIDE HELP

46. Prior to coming to Twelve Step recovery, did you seek counseling (such as medical, psychological, or spiritual) for issues stemming from your addiction?

◯ Yes *(continue to Q47)*
◯ No *(skip to Q48)*
◯ I prefer not to disclose *(skip to Q48)*

47. Did this counseling play an important part in bringing you into recovery?

Complete only if you answered Yes to question 46.

◯ Yes
◯ No
◯ Unsure
◯ I prefer not to disclose

48. After coming to Twelve Step recovery, did you seek counseling (such as medical, psychological, or spiritual) for issues stemming from your addiction?

- ◯ Yes *(continue to Q49)*
- ◯ No *(skip to Q50)*
- ◯ I prefer not to disclose *(skip to Q50)*

49. Has this counseling played an important part in your recovery from addiction?

Complete only if you answered Yes to question 48.

- ◯ Yes
- ◯ No
- ◯ Unsure
- ◯ I prefer not to disclose

50. Of the following, who knows about your status as an addict in recovery?

Select all that apply.

- ☐ Primary care doctor / healthcare provider
- ☐ Workplace
- ☐ Family or spouse
- ☐ Non-recovery friends
- ☐ I do not identify as an addict in recovery
- ☐ Other: _____
- ☐ I prefer not to disclose

DIVERSITY, EQUITY, AND INCLUSION

51. Do you feel that CMA is diverse, equitable, and inclusive in your area?

- ◯ Yes *(skip to Q53)*
- ◯ No *(continue to Q52)*
- ◯ I'm not sure *(skip to Q53)*
- ◯ I prefer not to disclose *(skip to Q53)*

52. If you would like, please let us know why you feel that CMA isn't diverse, equitable, and inclusive in your area.

Complete only if you answered No to question 51.

FOLLOW-UP

53. What would you like to see more of in CMA?